

Children & Families

About us

At CrossReach we believe that with the right support Scotland's children, young people and families can thrive and succeed.

We have been at the forefront of high quality care for 150 years and today we are one of the largest care providers in Scotland.

CrossReach is the operating name of the Church of Scotland Social Care Council.

Sunflower Garden



Sunflower Garden

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Child Focused Therapeutic Support

We work with children aged between 5 to 18 within the City of Edinburgh who are affected by drug or alcohol use in their families.

At Sunflower Garden, children benefit from having a safe and confidential space where they can explore their emotions, thoughts and feelings whilst developing positive coping strategies.

We understand that the support we provide needs to be specific to the needs of each child. We offer a range of tailored supports such as:

- Counselling (including art and play therapy)
- One-to-one therapeutic support in schools
- Group work

All our work is aimed to support your child in the best way possible.

How do I make a referral?

Referrals can be made by yourself, through school or by other professional agencies. If you have any questions don't hesitate to give us a call.

Children's thoughts:

"If you are feeling sad or angry, it helps to come to Sunflower and meet other people. I have been listened to. Come to Sunflower so you know you are not alone."

"I think you might feel nervous about coming. You might have gone through some terrible things. I know you hate talking to people about it, but Sunflower helps. You are never alone. Sunflower understands. You might never want to talk about it but it is good to understand that people can help you. Your opinion matters."

